

## Winter Fun in Bozeman, Montana

BY ADAM SAWYER

At the risk of sounding rude, if you can't find fun in Montana during the winter months, the problem likely lies with you. While Bozeman is not all that large in population or area, the town and its environs pack a wallop when it comes to winter fun. Here are just a handful of highlights.

## Ice Skating

Ice skating outdoors is an experiential treat that not every part of the country gets to enjoy. Removed from the sterility of an indoor rink, you're enlivened by the brisk, clean air. Cries of joy seem a little bit louder and laughter carries that much farther. And of course, Bozeman has many places to enjoy ice skating in a natural setting. Stop by Bogert Park, just blocks away from downtown. Southside Park is a few blocks farther. And Beall Park is on the northeast side of town.

## Skiing

If you like to ski, you'll love Bozeman. Bridger Bowl (bridgerbowl.com) is a local favorite that offers a lot of great terrain. Located on the eastern side of the Continental Divide, the nonprofit resort is renowned for its "Cold Smoke" extrafluffy snow, thanks to low moisture levels. Bridger is a beautiful combination of a local ski hill and a ski resort, providing a lot of the amenities of a lodge without the cost and snobbery. Bridger is also tied to the Bozeman community by the famous "Blue Light." Seated atop the historic Baxter Hotel downtown, the beacon of good things to come flashes whenever the bowl receives 2 or more inches of new snow in 24 hours.

## Snowga

You are welcome to snicker at the melding of words or giggle at the thought of yoga pants set against tundra all you want. But if you enjoy inspiring wilderness settings, snowshoeing or yoga, release your inner middle-schooler and embrace snowga. Big Sky Yoga Retreats (bigskyyogaretreats. com) offers a broad spectrum of yoga outings; including a guided snowshoe excursion up to a sweeping view of Montana backcountry followed by a yoga session. The snowshoe serves as a serene opening act that warms the muscles via a slow ascent through pristine woods. Once you reach that perfect spot, it's yoga time. There are different ways to go about it, but performing yoga in snowshoes has benefits, including better balance and the ability to reach your feet, or extensions thereof, in poses you can't normally achieve. It's a wonderful outing.



Go to bozemancvb.com to plan your winter getaway in Bozeman, Montana.